

# **FVESAA Grade 8 Basketball Playoffs 2020**

**Our local playoffs will be Mon/Tue to Friday the 3<sup>rd</sup>/4<sup>th</sup> to the 7<sup>th</sup> of February. Fraser Valley Playoffs for grade 8's begin the 10<sup>th</sup> of February.**

## **Summary of Main Basketball Rules for 8's**

1. 2 timeouts first half, 3 second half – ends at 50 seconds with play starting at 60 seconds – **only called by coaches at play stoppage and not between free throws**
2. 4 quarters of 8 minutes with 1 minute between quarters and 5 minutes at half
3. team penalty on 5<sup>th</sup> foul of period – 2 shots – restart every period
4. technical foul = 2 shots and possession
5. if a defending player jumps from his/her frontcourt, establishes a new team control (intercepts the pass) while still airborne and then lands in his/her team's backcourt **it is not a violation.**
6. **player on the floor** – it is legal when a player dives/falls and slides on the floor while holding the ball. It is also legal for a player while lying on the floor while in control of the ball to sit up. However, if a player lying on the floor in control of the ball, rolls or attempts to stand, a traveling violation has occurred.
7. The ball goes to the teams' frontcourt when, during the dribble from backcourt to frontcourt, both feet of the dribbler and the ball are in contact with the frontcourt.
8. T-shirts may be worn but **MUST** be the same colour as the teams jersey.
9. Shirts **must** be tucked in.
10. **All** grade 8 boys and girls have a 30 second shot clock (10 seconds in the backcourt).
11. On foul shots the low block is empty.